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Hunger happens when, after paying rent, for childcare or for medications, there isn't enough money left for groceries.

1.6 million residents of Massachusetts struggle with hunger; a disproportionate number of them are immigrants, people of color and families with children.

Prior to the pandemic, 1 in 12 residents faced food insecurity.

Today, the number of adults facing food insecurity is **1 in 6** and the number of children is **1 in 11**.

- "Food Insecurity in Massachusetts" Radio Boston, WBUR, May 6, 2021.

METROWEST FOOD PANTRY RESOURCES



COMMON GOOD MINI PANTRY

In June of 2021, the Alcott family of Natick installed a free mini-pantry on Common Street's front lawn on the corner of Common Street and School Street. Dubbed **The Common Good Mini Pantry**, it acts as a standing invitation for people in our Natick/Metrowest community to come together and take care of each other in an inclusive, fun, and accepting way. Anyone to take what they want, or donate supplies.

While the Mini-Pantry is self-serve, the Alcott family and a team of volunteers check it regularly to ensure that all products in the pantry are in good condition and unexpired, and that a mix of items are available.

CONTACT US



www.commonstreet.org

efreepantry natick

commonfoodpantry@gmail.com

ASHLAND

Ashland Food Pantry 162 W Union Street (lower level) 508.532.7949

FRAMINGHAM

Hope Framingham Food Food Pantry 214 Concord Street 508.848.2401 www.hopeworldwidema.org/framingham-food-pantry

Women's Infant Children Program (WIC)

7 Bishop Street 508.620.1445 www.smoc.org

FREQUENTLY NEEDED FOR THE MINI PANTRY

Canned Goods: soup, chicken, tuna, fruits, veggies, ready meals, spam.

Dry Goods: ramen noodles, pasta, granola bars, etc.

Lunchbox Items: applesauce, fruit cups, juice boxes, peanut butter, jelly.

Baby Supplies: diapers, formula, wipes.

Hygiene Products: shampoo, conditioner, soap, toilet paper, paper towels, toothpaste, toothbrushes, feminine hygiene products.

If the pantry is full, please leave your donation in the outer lobby area of Common Street Spiritual Center.

NATICK

Natick Service Council

2 Webster Street 508.655.1791 www.natickservicecouncil.org

A Place to Turn

Hartford Street Presbyterian Church 99 Hartford Street 508.655.1791 www.aplacetoturn-natick.org/food-pantry/ www.aplacetoturn-natick.org/diaper-project/

SUDBURY

Sudbury Food Pantry 160 Concord Road 978.443.7728 www.sudburyfoodpantry.org

WAYLAND

Wayland Food Pantry 101 S Lackawanna Street 585.736.7586 www.enjoylwc.com/food-pantry/

WELLESLEY

Wellesley Food Pantry 207 Washington Street 781.235.1188 www.wellesleyfoodpantry.org/